



MPS non-emergency  
Tel: 101

e-mail: [all@hillingdonnhw.co.uk](mailto:all@hillingdonnhw.co.uk)  
Ruislip Police Station – Tel: 0208 246 1825

Website: [www.hillingdonnhw.co.uk](http://www.hillingdonnhw.co.uk)

HNW Tel: 0208 246 1869

Age UK Uxbridge – Tel: 01895 231841

Crimestoppers: 0800 555 111

## May 2015 Newsletter

### Residential Burglaries

	Mar 29	Apr 5	Apr 12	Apr 19	Apr 26
2554 - Barnhill	2	2	0	2	2
2757 - Botwell	1	2	2	2	3
2551 - Brunel	0	1	2	1	2
2550 - Cavendish	4	2	1	1	0
2552 - Charville	1	1	3	1	0
2548 - E'cote & E Ruis	1	1	1	1	1
2544 - Harefield	1	0	1	0	0
2557 - Heathrow	0	0	0	2	0
2553 - Hillingdon East	0	0	2	3	1
2543 - Ickenham	0	1	0	1	1
2549 - Manor	0	0	2	2	0
2545 - Northwood	2	0	1	0	4
2546 - Northwood Hills	2	2	1	1	2
2556 - Pinkwell	1	2	2	0	3
2011 - South Ruislip	4	0	0	3	1
2009 - Townfield	2	0	2	0	2
2782 - Uxbridge North	2	4	3	2	0
2758 - Uxbridge South	0	2	1	2	0
2018 - West Drayton	0	3	0	2	1
2547 - West Ruislip	6	0	1	1	1
2733 - Yeading	2	1	1	1	1
2713 - Yiewsley	1	1	1	2	2
<b>Total</b>	<b>32</b>	<b>25</b>	<b>27</b>	<b>30</b>	<b>27</b>

Data from MPS Hillingdon

**Security of gardens:** Following on from last month's feature on the security of outbuildings, the following should prevent unwanted intruders from getting close to your garage/shed:

- Lights which come on when it is dark and turn themselves off when it is light are a low cost security measure. This is especially important in dark areas of the garden. Don't under-estimate the effect of good lighting as a crime prevention measure.
- Walls or fences about 1.8m in height at the side and back of a house can put off burglars. As well as being difficult to climb, extra trellis topping provides a framework for thorny plants sited near the boundary.
- Side gates should be to the same height as the boundary walls and fences.
- Gates should be locked securely at all times – bolts and a padlock will achieve this.
- Keep tall shrubs, hedges, trees and other large plants cut back. They can provide a screen for thieves to work behind if they have managed to penetrate your garden's defences.
- Laying a thick gravel path makes it impossible for the thief to approach without making a noise and is a good crime reduction alternative to slabs and block paving.
- Finally, get your neighbours to keep an eye on your garden at all times, more especially if you are away on holiday. You can do the same for them. Remember, it's not being nosy, it's being sensible!

**Cyber-crime:** Need more information on how to protect yourself? Consult our website where there is a wealth of useful information.

To contact your ward Local Neighbourhood Police Team, phone: 0208 721 followed by:

- 2554 - Barnhill
  - 2757 - Botwell
  - 2551 - Brunel
  - 2550 - Cavendish
  - 2552 - Charville
  - 2548 - E'cote & E Ruis
  - 2544 - Harefield
  - 2557 - Heathrow
  - 2553 - Hillingdon East
  - 2543 - Ickenham
  - 2549 - Manor
  - 2545 - Northwood
  - 2546 - Northwood Hills
  - 2556 - Pinkwell
  - 2011 - South Ruislip
  - 2009 - Townfield
  - 2782 - Uxbridge North
  - 2758 - Uxbridge South
  - 2018 - West Drayton
  - 2547 - West Ruislip
  - 2733 - Yeading
  - 2713 - Yiewsley
- If no reply call 101

Co-ordinators and neighbours, please feel free to make contact on the HNW telephone number above, via e-mail or write to us at Ruislip Police Station, 5 The Oaks, Ruislip HA4 7LE

**Hillingdon Neighbourhood Watch** is supported by Hillingdon Community Trust and the London Borough of Hillingdon

There is more information on our web site on all the topics in this Newsletter and other matters  
[www.hillingdonnhw.co.uk](http://www.hillingdonnhw.co.uk)



Neighbourhood Watch

**Taking care of your wallets/handbags** when out and about should be plain common sense, but here are some useful reminders:

- Stay vigilant for distraction techniques and be aware of anyone getting too close to you.
- If you carry large amounts of cash, use a money belt or divide it between several pockets.
- Carry your handbag in front of you with the flap against your body. Keep it zipped.
- Try not to stand near doors on a bus or train. These are the prime spots for pickpockets because they can get away easily.
- In crowded places, don't wear your backpack – always carry it in front of you.
- Avoid visibly handling your wallet or purse.
- If in a café or restaurant, don't hang valuables on the back of your chair. Ideally, put a chair leg or your foot through the strap.
- When using your mobile phone in public, keep conversations short. Make a note of your phone's serial number (dial \*#06# to see it) so you can block it if it's stolen.
- Inside pockets are safer – never put valuables in your back pocket.
- Register gadgets and valuables with the UK National Property Register at [immobilise.com](http://immobilise.com) and install phone tracking.
- Only carry what you need. If you don't need all your cards or cash, leave them at home.

**Motor vehicle crime:** During the year March 2014-2015, as a result of regular patrols and education on crime prevention, this type of crime has fallen by 53% in the north of the Borough. The patrols revealed a surprising number of cars left unattended and unlocked with valuables on display – it can take as little as 10 seconds for these items to be stolen. The advice is to NEVER

- Leave cash, credit cards, cheque books, mobile phones vehicle documents or other valuables in the car on display.
- Leave your keys in the car, even for a second – treat them as you would your cash/credit cards.

**Welcome** to new watches in Gledwood Gardens (Hayes), Part of Long Drive (S Ruislip) and Part of Thornton Avenue (W. Drayton). Congratulations!

**BE AN ACTIVE GOOD NEIGHBOUR,  
BE ON WATCH AND  
BE ON A WATCH.**