



MPS non-emergency  
Tel: 101

e-mail: [all@hillingdonnhw.co.uk](mailto:all@hillingdonnhw.co.uk)  
Ruislip Police Station – Tel: 0208 246 1825

Website: [www.hillingdonnhw.co.uk](http://www.hillingdonnhw.co.uk)

HNW Tel: 0208 246 1869

Age UK Uxbridge – Tel: 01895 231841

Crimestoppers: 0800 555 111

## March 2015 Newsletter

### Residential Burglaries

	Feb 1	Feb 8	Feb 15	Feb 22
2554 - Barnhill	2	0	2	2
2757 - Botwell	5	0	0	3
2551 - Brunel	2	3	0	2
2550 - Cavendish	5	1	1	5
2552 - Charville	0	1	1	1
2548 - Eastcote & E	1	0	2	3
2544 - Harefield	0	0	0	0
2557 - Heathrow	0	0	0	2
2553 - Hillingdon East	0	2	1	2
2543 - Ickenham	0	1	1	1
2549 - Manor	0	2	0	1
2545 - Northwood	0	0	0	1
2546 - Northwood Hills	4	1	0	3
2556 - Pinkwell	1	2	0	2
2011 - South Ruislip	2	2	0	5
2009 - Townfield	2	1	1	0
2782 - Uxbridge North	2	0	0	1
2758 - Uxbridge South	1	2	4	4
2018 - West Drayton	1	5	0	1
2547 - West Ruislip	1	1	1	4
2733 - Yeading	0	0	2	3
2713 - Yiewsley	2	1	3	3
<b>Total</b>	<b>31</b>	<b>25</b>	<b>19</b>	<b>49</b>

Data from MPS Hillingdon

**Cyber crime** is on the increase at a phenomenal rate. The following ten golden rules may well prevent you from becoming a victim:

- If it sounds too good to be true then it probably is. There are no guaranteed "get rich quick" schemes.
- Only give out your personal details when absolutely necessary and only when you trust the person or company you are giving them to.
- Destroy personal information. Make sure you shred all documents, old credit and debit cards and anything else bearing personal details.
- Never send money to anyone you don't know, have never met or have only recently made contact with.
- Do not send any money or pay fees to claim prizes or lottery winnings.
- Never reply to spam e-mails, even to try to stop them. (Often this confirms to scammers that your e-mail address is in use. Delete any suspicious e-mails without opening them. Never call a 'phone number or reply to an e-mail address shown on a message you think may be spam).
- Legitimate banks and financial companies will never ask for your PIN either via e-mail or over the 'phone., neither will the Police.
- Just because a company has a well-designed website does not mean it is legitimate. (Often scammers will cold-call on the 'phone and direct you to their website to try and legitimise themselves).
- Be aware that scammers can be clever. (They will have done their homework and will often have a lot of information about the people they target. They can be very organised and are capable of manipulating you to produce the response they want).
- Be suspicious. If you are unsure seek advice from family, friends or Police.

To contact your ward  
Local Neighbourhood  
Police Team, phone:  
0208 721 followed by:

- 2554 - Barnhill
  - 2757 - Botwell
  - 2551 - Brunel
  - 2550 - Cavendish
  - 2552 - Charville
  - 2548 - Eastcote & E
  - 2544 - Harefield
  - 2557 - Heathrow
  - 2553 - Hillingdon East
  - 2543 - Ickenham
  - 2549 - Manor
  - 2545 - Northwood
  - 2546 - Northwood Hills
  - 2556 - Pinkwell
  - 2011 - South Ruislip
  - 2009 - Townfield
  - 2782 - Uxbridge North
  - 2758 - Uxbridge South
  - 2018 - West Drayton
  - 2547 - West Ruislip
  - 2733 - Yeading
  - 2713 - Yiewsley
- If no reply call 101

Co-ordinators and neighbours, please feel free to make contact on the HNW telephone number above, via e-mail or write to us at Ruislip Police Station, 5 The Oaks, Ruislip HA4 7LE

**Hillingdon  
Neighbourhood  
Watch** is supported by Hillingdon Community Trust and the London Borough of Hillingdon

There is more information on our web site on all the topics in this Newsletter and other matters  
[www.hillingdonnhw.co.uk](http://www.hillingdonnhw.co.uk)



Neighbourhood  
Watch

**Ward Panels** are now up and running in all Hillingdon electoral wards. Each panel comprises members of the ward community which meets quarterly with the local police team to decide what the police priorities should be for the ensuing three months, in order to deal with local issues. Most panels are still in need of additional members. If you are interested in joining your local panel, please let us know, preferably by e-mail, your location (ward) and contact details which we will pass to the appropriate Chairperson.

**Telephone scams/ bogus callers/rogue traders:** Reports continue to reach us in increasing numbers. Do heed the advice given in newsletters for January 2015, November 2014 and September 2014, all of which remain available on our website.

**Local Police Team telephone numbers:** These have now be reinstated. The teams are not on duty 24/7 therefore these numbers should only be used for **routine** matters/enquiries. Reports of crimes which are/or have been committed should always be made to 999/101 as appropriate.

**Newsletter deliveries to Watch members:** Many Co-ordinators are carrying out this task electronically. However, it has come to our notice that paper copies are not reaching "unconnected" watch members in some watches. Co-ordinators are requested to ensure that **all** members are in receipt of the publication.

**HNW Meerkat road signs:** With the help of LBH we will, at long last (hopefully!) be able to arrange for damaged and missing road signs to be replaced, as well as the erection of new signs for new watches. Co-ordinators are requested to notify us as to the **exact** location of damaged and missing signs, preferably by e-mail, please.

**Welcome:** This month we welcome new and revitalised watches in part of East Avenue, Hayes, Kaduna Close, Eastcote and Ruffle Close, West Drayton. Well done!

**BE AN ACTIVE GOOD NEIGHBOUR,  
BE ON WATCH AND  
BE ON A WATCH.**