# THE COMMUNICATOR

POLICE NEWSLETTER FOR HILLINGDON

#### **Ruislip Police Station**

Our excellent volunteers have kept the front office at Ruislip Police Station open for many years now. In the coming months, additional police teams are being moved into Ruislip station. This means that the front office is being reconstituted into office space for them which will unfortunately bring the good work of our volunteers in this front counter to an end. Their last shift will be the morning of 31 July.

I would like to personally thank each one of them for their continued dedication to Ruislip front counter: in particular Sandra, Allan, Sylvia, Yash, Teresa, Tahera, Terena and David who have all given 10+ years as volunteers and Bill who rocks in as our oldest volunteer at 90. Plus all the others who volunteer with us.

And Sylvia who glued the whole thing together for so long but is unfortunately no longer with us.



## Hillingdon's Beat

We have a couple of very proactive officers, PC Middleton and PC Worrell, who work very hard in the Hayes area to catch as many bad guys as they can. If you live in the area and want to keep up with their arrests, you can follow them on Twiiter @MPSHayesTC. Some of their work this month includes:

Attending an illegal encampment on the Bath Road in Harmondsworth with colleagues from across the Wsest Area. The large number of people on the site were soon cleared out and nine people were arrested for burglary.

Recovering a stolen BMW 1 series that had been dumped in Yeading and getting it returned to its rightful owner. And whilst waiting for the tow truck, spotting someone who was wanted by police. After a short struggle, one more person in custody on weapon charges.



Getting information from the public and acting on

it. In this case, the member of the public had seen someone conclealing drugs on themselves and phoned in with a description. A short while later, one more for the custody sergesnt to book in, this time for possession of drugs with intent to supply.







### **Bicycle theft**

I am not trying to teach you to suck eggs and crime prevention advice for bike thefts is relatively straight forward – but we still see bikes being stolen.

Get your bike security marked and registered at <a href="https://www.bikeregister.com">www.bikeregister.com</a>. Getting your bike security marked and registered is a visible deterrent to thieves. They know that if they are caught in possession of a registered bike, the rightful owner can be traced instantly and they will be arrested.

**Record details of your bike**. Frame number, BikeRegister number, other distinguishing features, and take a photo.

Use locks of gold 'Sold Secure' standard. Also, use two different types of lock, with at least one being a high quality D-lock. It takes thieves a few seconds to cut through poor quality locks - make it as difficult for them as possible - two different locks may require two different tools to break.

Lock the frame and both wheels to a purpose built cycle parking stand - not a railing.

Make the locks and bike hard to manoeuvre. Secure your bike as close to the stand as possible. Try not to leave any slack chain or lock on the ground, this gives a thief a base to work on.

Take parts that are easy to remove with you. For example, saddles and wheels. Or use locking skewers, which can increase security by securing the bike's components to the frame permanently, making it difficult for thieves to steal parts such as saddle or wheels.

Lock your bike at recognised secure cycle parking. It should be well lit and covered by CCTV, overlooked by buildings and with plenty of passers by.

**Take the same care to lock your bike securely at home**. Bikes get stolen from inside the home, communal hallways, gardens and sheds.

**Don't buy a stolen second-hand bike**. Insist on proof of ownership and check the bike frame

number at BikeRegister. Never meet a seller in the street, insist on a home address.

If your bike has been stolen, contact the police. Give them your frame number, BikeRegister number, photo and any other details. You can also register your bike with its frame number retrospectively as stolen on BikeRegister.

#### **Rob's Rapport**

Your local Neighbourhood police officers are there to help if you have a local issue and you want some help. Please email them if you need their help:

Barnhill: HillingdonBarnhill.snt@met.police.uk

**Botwell:** Botwell.snt@met.police.uk

Brunel: Brunel.snt@met.police.uk

**Cavendish:** Cavendish.snt@met.police.uk

Charville: Charville.snt@met.police.uk

**Eastcote:** Eastcote.Ruislip.snt@met.police.uk

Harefield: <a href="mailto:Harefield.snt@met.police.uk">Harefield: Harefield.snt@met.police.uk</a>

**Heathrow Villages:** 

HeathrowVillages.snt@met.police.uk

Hillingdon East: HillingdonEast.snt@met.police.uk

Ickenham: <a href="mailto:lckenham.snt@met.police.uk">lckenham.snt@met.police.uk</a>
Manor: <a href="mailto:ManorWard.snt@met.police.uk">ManorWard.snt@met.police.uk</a>
Northwood: <a href="mailto:Northwood.snt@met.police.uk">Northwood.snt@met.police.uk</a>

Northwood Hills:

NorthwoodHills.snt@met.police.uk

Pinkwell: Pinkwell.snt@met.police.uk

South Ruislip: SouthRuislip.snt@met.police.uk

Townfield: Townfield.snt@met.police.uk

**Uxbridge North:** 

<u>UxbridgeNorth.South.snt@met.police.uk</u>

**Uxbridge South:** 

UxbridgeNorth.South.snt@met.police.uk

West Drayton: WestDrayton.snt@met.police.uk
West Ruislip: WestRuislip.snt@met.police.uk

Yeading: Yeading.snt@met.police.uk
Yiewsley: Yiewsley.snt@met.police.uk

#### **Inspector Rob Bryan**

