

Rob's Rapport

Over the page you will notice that I have included the contact details for your local police teams again. Please use these when you have a local issue that you think the police should be aware of or you want their help. I have also included their twitter accounts for those of you who like that sort of thing.



added to our contact database please drop a line to your local police team.

Inspector Rob Bryan

Neighbourhood Watch

Being in a Neighborhood Watch is a great way for an area to look out for one another and help the police to combat crime. The Hillingdon Neighborhood Watch website is a great resource and the first place to go to find out how to set up a Watch or how to join one:

www.hillingdonnhw.co.uk

I see curtain twitching as a neighbourly duty, one which Neighborhood Watch members perform admirably. When our Neighborhood Watch members pay attention to what is going on around them they make where you live and work safer. They spot the unusual or out of place and make the effort to inform police. They share information amongst themselves making everyone more aware and they do it in a way that doesn't scaremonger.

You would be surprised at how much our local Neighborhood Watches actually help Hillingdon Police. They are the unsung heroes of crime prevention and crime detection in this Borough.



Why not join today and make your street a little bit safer?

Uxbridge Police station front counter has been closed for over a month now. The 24/7 station for Hillingdon is now at Hayes. However, Ruislip Police Station is usually opened by volunteers during the week 10am-3pm should you live in the north of the Borough. Additionally, from February the front counter at Ruislip will be opened by a police officer on **Wednesday between 5pm-6pm** and **Saturday between 2pm-3pm**. The local police teams will also have weekly sessions on their wards where you can speak to them face to face - these will be advertised on their webpages and twitter accounts. Please drop in and see them if you can.

To find you local team's webpage use this link:
<https://www.met.police.uk/your-area/>

I send this newsletter to everyone on our contact list and hope they forward to their own friends, colleagues and family to read. If you want to be

Contact Details

Barnhill: HillingdonBarnhill.snt@met.police.uk
020 8721 2554 (Twitter @MPSBarnhill)

Botwell: Botwell.snt@met.police.uk
020 8721 2757 (Twitter @MPSBotwell)

Brunel: Brunel.snt@met.police.uk
020 8721 2551 (Twitter @MPSBrunel)

Cavendish: Cavendish.snt@met.police.uk
020 8721 2550 (Twitter @MPSCavendishXH)

Charville: Charville.snt@met.police.uk
020 8721 2552 (Twitter @MPSCharville)

Eastcote: Eastcote.Ruislip.snt@met.police.uk
020 8721 2548 (Twitter @MPSEastcoteXH)

Harefield: Harefield.snt@met.police.uk
020 8721 2544 (Twitter @MPSHarefield)

Heathrow Villages: 020 8721 2557
HeathrowVillages.snt@met.police.uk
(Twitter @MPSHeathrowVlge)

Hillingdon East: 020 7161 8171 (@MPSHillingdonE)
HillingdonEast.snt@met.police.uk

Ickenham: Ickenham.snt@met.police.uk
020 8721 2543 (Twitter @MPSIckenham)

Manor: ManorWard.snt@met.police.uk
020 8721 2549 (Twitter @MPSManor)

Northwood: Northwood.snt@met.police.uk
020 8721 2545 (Twitter @MPSNorthwood)

Northwood Hills: 020 8721 2546
NorthwoodHills.snt@met.police.uk
(Twitter @MPSNorthwoodH)

Pinkwell: Pinkwell.snt@met.police.uk
020 8721 2556 (Twitter @MPSPinkwell)

South Ruislip: SouthRuislip.snt@met.police.uk
020 8721 2011 (Twitter @MPSSouthRuislip)

Townfield: Townfield.snt@met.police.uk
07843 291091 (Twitter @MPSTownfield)

Uxbridge North: 020 7161 8170 (@MPSUxbridgeN)
UxbridgeNorth.South.snt@met.police.uk

Uxbridge South: 07717 733782 (@MPSUxbridge)
UxbridgeNorth.South.snt@met.police.uk

West Drayton: WestDrayton.snt@met.police.uk
020 8721 2018 (Twitter @MPSWestDrayton)

West Ruislip: WestRuislip.snt@met.police.uk
020 8721 2547 (Twitter @MPSWestRuislip)

Yeading: Yeading.snt@met.police.uk
07766 991019 (Twitter @MPSYeading)

Yiewsley: Yiewsley.snt@met.police.uk
020 8721 2713 (Twitter @MPSYiewsley)

What do you want?

What do you want to see more of from your local Safer Neighbourhood police teams? What could they be doing differently which would make a bigger difference? Don't tell me, tell them. All their contact details are here.

Don't keep it to yourself - let them know. Oh, and shouting about things on social media is not letting us know. What exactly does "SOMETHING NEEDS TO BE DONE!!!" mean anyway when it is just a comment being read by your friends and family or whoever else is in your group chat. We don't read minds and we cannot hear CAPLOCK shouting 😊

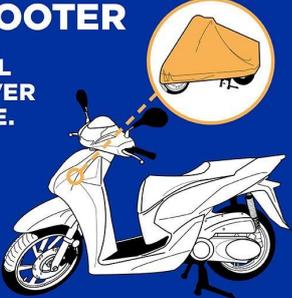
Moped Theft

Theft of mopeds is on the increase in Hillingdon. Please do everything you can to protect your bike from being the next target for the thieves.

PROTECT YOUR SCOOTER

TIP 1: THIEVES LOOK TO STEAL SPECIFIC MODELS. USE A COVER TO MAKE YOURS LESS VISIBLE.

Adding extra security makes it harder for them to steal

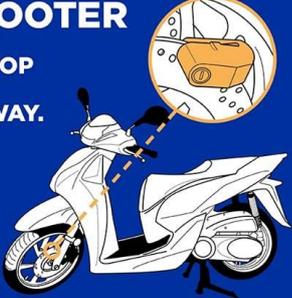


METROPOLITAN POLICE **BE SAFE**

PROTECT YOUR SCOOTER

TIP 2: USE A DISC LOCK TO STOP THIEVES FROM PHYSICALLY WHEELING YOUR SCOOTER AWAY.

Adding extra security makes it harder for them to steal

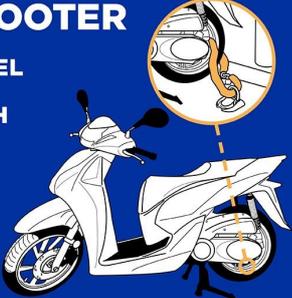


METROPOLITAN POLICE **BE SAFE**

PROTECT YOUR SCOOTER

TIP 3: LOCK YOUR BACK WHEEL TO STREET FURNITURE OR THREAD THE CHAIN THROUGH THE WHEEL AND THE FRAME.

Adding extra security makes it harder for them to steal



METROPOLITAN POLICE **BE SAFE**